

Lil Mickey's Barbecue



and High School Baseball

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This past spring my son's baseball team (DESMET High School) made it to the final four of the Missouri State High School Class 5 Baseball Tournament played at CarShield Ball Park in O'Fallon, MO. Although his team lost, coming in fourth overall, it allowed me the opportunity to visit Lil' Mickey's Memphis Barbecue after the final game.

Located just a few blocks off Cave Springs Road, deep in the heart of Yankee territory, it operates from an old-school hacienda-style Taco Bell transforming it into the best Memphis style barbecue joint this side of the Mason-Dixon Line.

I know Memphis Barbecue first hand. For thirty years I would visit employees and clients in Memphis at least ten times a year and would enjoy barbecue for lunch and dinners during my visits.

Let's focus in on the most popular of all Memphis barbecue items, the pulled-pork sandwich. Still to this day the most ordered barbecue choice in Memphis.



Sure, Stewart! Are you telling me that Memphis pulled pork sandwiches are different from all the pulled pork sandwiches offered at the hundreds of barbecue restaurants in St. Louis? YES, I am!!!

The greatest distinction of true Memphis barbecue is texture, taste, and assembly. It's undeniable.

Memphis Style pork sandwiches use pork shoulder and it's chopped, not pulled. The bun is also critical. The bun should be a subtle complement to the sandwich. Like baseball, you should not notice umpires during the game unless they make a bad call. Lastly, it is all about assembly. The proper assembly of a true Memphis style pork sandwich is coleslaw first, chopped pork second, and then sauce. **VOILA** (Wallah!), the ultimate barbecue pork sandwich.

The owners of Lil' Mickey's, wouldn't you know it, are native to Memphis Tennessee, transferred to St. Louis due to employment. They brought authentic Memphis style barbecue to the St. Louis region.

No longer do we need to travel four hours south on interstate 55 to the Delta Region to experience real Memphis style barbecue. ENJOY!

Lil' Mickey's
Memphis
Barbeque

Check them out online: lilmickeysbbq.com

Please be sure to tell them John from Barbecue St. Louis recommended you!